



KT-Training



Beauty Therapy Course – Skin Health and Skin Management

Skin Health and Skin Management Course Agenda

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| 09:30 | Sign in |
| 09:45 | Introduction to Skin Management |
| 10:00 | Review of online program as follows: Science of the Epidermis Science of the Dermis Science of the Subcutaneous Immunology of the skin Hormones and the skin Nutrition and the skin Smoking and the Skin Photo ageing and the skin |
| 11:30 | Break |
| 11:45 | Skin Typing |
| 13:00 | Lunch |
| 14:00 | Etiology and treatment for the 12 skin types identified by most dermatologists |
| 15:30 | Discussions on specific skin problems-acne skin, sensitive skin, stinging and burning skin, contact dermatitis and wrinkled skin. |
| 16:45 | Wrap up and discussions |

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