



# KT-Training



## Beauty Therapy Course – Cosmetic Dermatology

### Cosmetic Dermatology Course Agenda

The Skin Health Module focused on the science of the skin, etiology of 12 different skin types, skin nutrition, skin ageing and specific skin problems. In this module, we are focusing on the range of skin care available and key skin ingredients, which any skin expert should become familiar with if they are to improve skin problems with topical products. The knowledge gained from this module combined with the other modules will contribute to developing experts in skin management.

09:30	Sign in
09:45	Cosmeceutical v Cosmetic Products
10:00	Organic Skin Care for pregnant ladies and for the health conscious cohort
11:00	Suncreens and anti-oxidants in sun screens
11:15	Break
11:30	Vitamin D and Sunscreens Vehicle for delivery of active ingredients Chemo prevention of photo damage
13:00	Lunch
14:00	Retionoids Cleansing Agents Moisturizing Agents Depigment Agents Anti-oxidants Anti-inflammatory Agents Fragrances Preservatives
15:30	Break
15:40	Break out session on skin care mapping
17:00	Wrap up

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